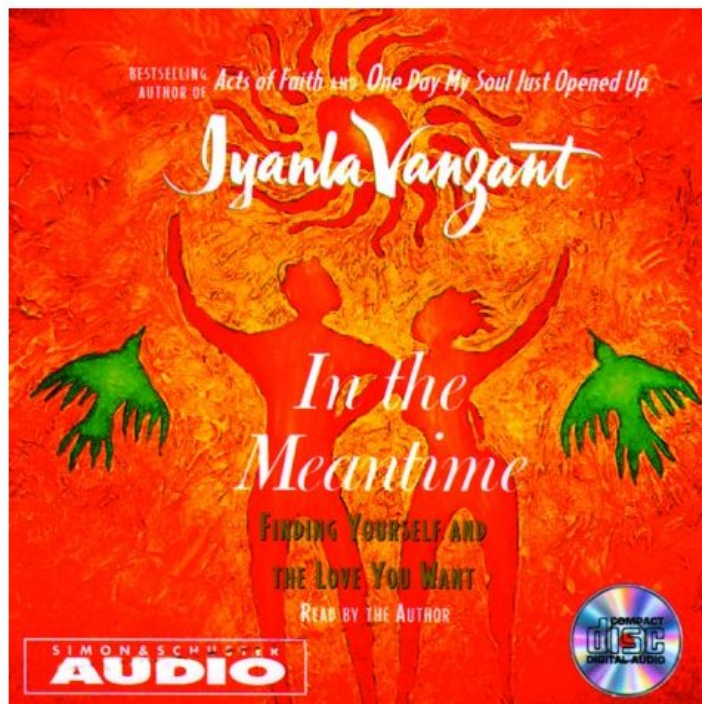


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Synopsis :

Amazon.com Review What is the meantime? According to author and inspirational speaker Iyanla Vanzant, being in the 'meantime' means being in a state of limbo. 'When you are not happy where you are and you are not quite sure if you want to leave or how to leave, you are in the meantime,' she explains. Rather than wallow in confusion, Vanzant encourages you to use the meantime as an opportunity to prepare yourself for true love. The first order of business is to clean house, starting with the basement--the place in the psyche where you store your most destructive thoughts. Room by room, Vanzant takes you through a metaphorical cleaning of the soul. This way, when your meantime days are over and love finally comes knocking on the front door, you'll have a clean house to welcome love into. --This text refers to an out of print or unavailable edition of this title. Read more From Library Journal Self-help counselor Vanzant talks about creative and honest use of the 'meantime' between relationships to help women (and men) avoid repeating unproductive behaviors of the past. She uses the metaphor of a house, starting in the basement with 'willingness' and acknowledging that one has a problem. Next is the first floor, to identify the nature of the problem. On the second floor is trust, what to do about the problem. Finally, on the third floor, one 'learns how to do what you know.' That is, one possesses the inner resources to overcome the tendency to repeat past responses to situations. Vanzant reads this abridgment of her work with a tone that conveys empathy and no-nonsense, this-is-good-for-you advice. For self-help collections in public libraries. AN Ann Blaine Hilyard, Lake Villa Dist. Lib., IL Copyright 1999 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title. Read more See all Editorial Reviews

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