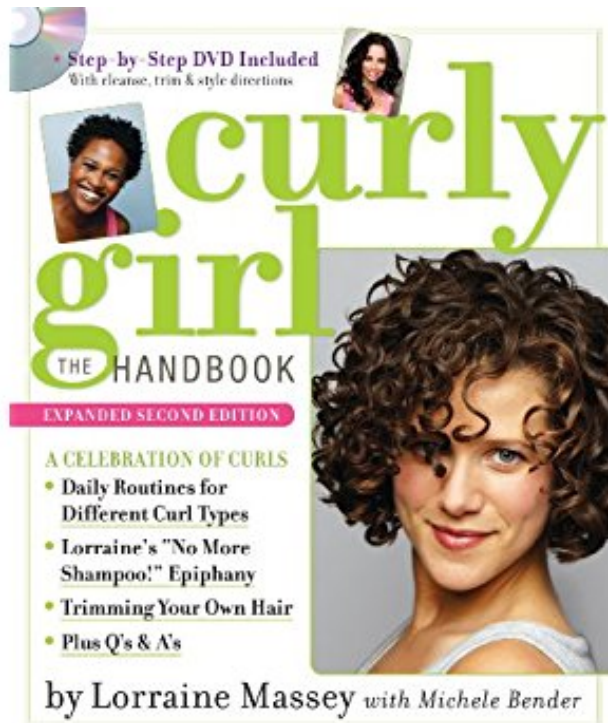


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## Synopsis :

From the Back Cover Say no to shampoo, unplug the dryer, and find your inner curl Celebrate the beauty of curls in a buoyant how-to, manifesto, and curly girl support group all in one. Beginning with hair's true nature and underscored by Lorraine's Shampoo Epiphany - handle your hair as gently as you do your best cashmere sweater - it's all here: the care, the styling, the cuts, the dos, the tips, the products, the remedies, the attitude. Tight coils and soft wavy tresses, African American curls and curly kids - this is what to do to look and feel your best. Includes: Curly Cues and Quizzes, Daily Routines for Corkscrew, Botticelli, and Wavy Curls, Homemade Lotions & Potions, Q&A's for No More Bad Hair Days, Twelve-Step Recovery Program that will change your life, one shampoo at a time. Plus: I Used to be Straight....And 22 Other Curly Girl Confessions Read more About the Author Michele Bender is a freelance writer whose work has appeared in Glamour, Cosmopolitan, The New York Times, Working Mother, and Health, where she was a contributing editor. She lives in New York City. Lorraine Massey channeled her passion for curly hair by founding a group of stylish salons in New York and California that drew curly girls from near and far. Today she cuts hair for charity and is at work on a new book. Read more See all Editorial Reviews

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